

Elkhart and St. Joseph Head Start Consortium

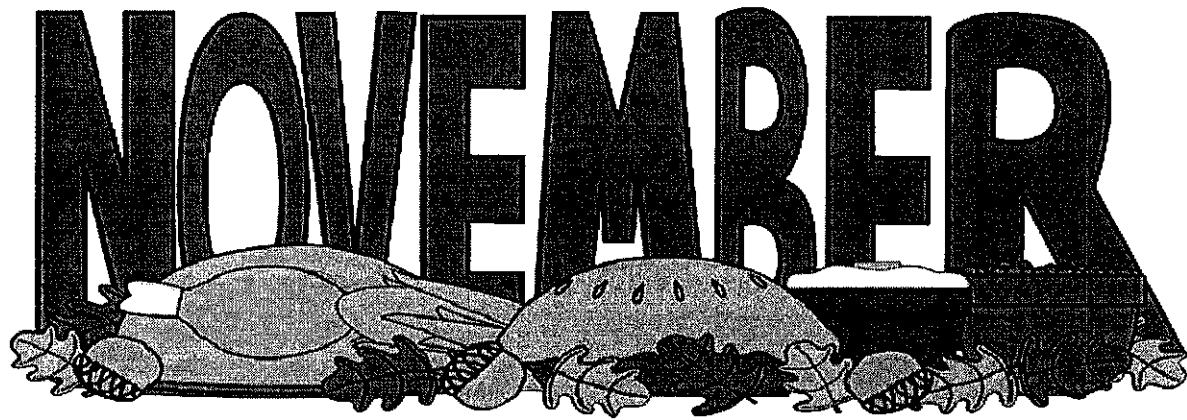
Osolo Headstart 2017

December is here and there are a few reminders I would like to share. With the cold weather comes school closings and maybe delays. When you watch the news look for Elkhart Community Schools to come up as delay or even closed. We follow the Elkhart school's schedule. It might be helpful to sign up for the text alert from one of the news stations. They will send you a message if there are any delays or school closings.

It is getting cold...burr... we do go outside if it is 25 degrees and above. We do factor in the wind chill. If your child has a hat, gloves, boots and snow pants these items will help to keep them warm. Send what you want your child to wear outside. It will also be helpful to write your child's name on their items. The items can stay here and go home on the weekends, go home daily, or you may have a set for home and a set for school. Let us know which was you prefer.

Enjoy the winter break with your family but remember to work with your child on their homework activities: letters, shapes and colors for example. I will be sending home homework to do over the long break. Remember your in-kind paper. ☺

On December 22nd I would like to invite the families to come and join us in a craft. This will be a nice to time to see what we do during the day and to create something with your child. Any family member is welcomed to join. Please arrive at 10:45.



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Osolo Class 2017

Autumn is here! Leaves are changing and the weather is getting colder. This time of year is great to talk about the weather and how everything is changing. While you are driving with your child talk about the leaves and how they are changing colors. Ask questions like: Why do you think the leaves are changing colors? Since it is getting colder outside what should we wear to go outside? Do you notice anything different about the trees? This is an easy way to get them thinking about the world around them.

Since the weather is getting colder please remember we go outside every day. As long as the temperature is 25 degrees and above we go outside. We go outside even when there is snow on the ground! Here are few reasons to go outside even when it is cold:

- Boost your creativity and focus
- Improve your mood and self-esteem
- Increase your vitamin D levels
- Helps to burn off extra energy

Keep this in mind when sending your child to school: Please send them in items to keep them warm outside. If you send your child in boots please send a pair of shoes to change into. Boots are big and heavy and make it hard to sit on the carpet. Here are a few examples of what to send with your child.

- Coat
- Hat and gloves
- Snow pants
- Boots

If you need help getting any of these items please contact Ms Alli . She may be able to help get these items for you. Also, label your child's items.

In the classroom we are working on many important skills every day. Our day is packed with learning and fun. Children learn best when they are learning through play and of course play is fun. Most of the time they do not realize they are learning the important skills they will need throughout their life while they are playing. Self-help skills are very important and we need your help. Allow your child to put on