

# ***Building For the Future***

This day care facility participates in the Child and Adult Care Food Program (CACFP), a Federal program that provides healthy meals and snacks to children receiving day care.

Each day more than 2.6 million children participate in CACFP at childcare homes and centers across the country. Providers are reimbursed for serving nutritious meals that meet USDA requirements. The program plays a vital role in improving the quality of day care and making it more affordable for low-income families.

**Meals** CACFP homes and centers follow meal requirements established by USDA.

BREAKFAST	LUNCH OR SUPPER	SNACKS (two of the five groups)
Milk Fruit or vegetable Grain (may be substituted with a meat or meat alternate up to 3 times per week)	Milk Meat or meat alternate Grain Vegetable Fruit (may be substituted with a 2 <sup>nd</sup> vegetable)	Milk Meat or meat alternate Grain Vegetable Fruit

## **Participating**

**Facilities** Many different homes and centers operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:

- **Child Care Centers:** Licensed or approved public or private nonprofit child care centers, head Start programs, outside-school-hours programs, and some for-profit centers.
- **Family Child Care Homes:** Licensed or approved private homes.
- **At-Risk After School Meal Programs:** Centers in low-income areas provide free snacks and suppers to school-age children and youth.
- **Emergency Shelters:** Programs providing meals to homeless children.

**Eligibility** State agencies reimburse facilities that offer non-residential day care to the following children:

- Children age 12 and under,
- Migrant children age 15 and younger, and
- Youth through 18 in after school care programs in needy areas.

## **Contact**

**Information** If you have questions about CACFP, please contact one of the following:

Sponsoring Organization/Center

Elkhart & St. Joseph Counties Head Start Consortium 245 N Lombardy Drive, Suite A South Bend IN 46619  574-283-8108
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Indiana Department of Education

CACFP Staff School & Community Nutrition 115 West Washington Street South Tower, Suite 600 Indianapolis, IN 46204 800-537-1142 or 317-232-0850
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Effective 10/1/2017

**This institution is an equal opportunity provider.**