

Lice Treatment Checklist



- _____ 1. Treat child's head.
- _____ 2. Remove all nits; especially those that are within 1 cm of the scalp.
- _____ 3. Check all people living in the house and treat all that have live lice or nits.
- _____ 4. Wash barrettes, head bands, clips, and hair ribbons in hot soapy water.
- _____ 5. Wash and dry in hot dryer for 30 minutes, all pillows and pillow cases, blankets, bedspreads and sheets.
- _____ 6. Wash and dry in hot dryer for 30 minutes all clothes worn within the last two weeks.
- _____ 7. Wash and dry in hot dryer for 30 minutes all stuffed toys and dolls or place them in a plastic bag for two weeks.
- _____ 8. Wash and dry in hot dryer for 30 minutes all hats, head scarves, hooded shirts, sweatshirts and jackets if the child has been wearing them.
- _____ 9. Vacuum the mattresses, upholstered furniture, carpeting, car seats and back packs.
- _____ 10. Comb through your child's head for 2 weeks after treating.
- _____ 11. Check your child's head daily for 3 weeks.
- _____ 12. Repeat treatment in 7 to 10 days if live lice are seen.
- _____ 13. Have a school nurse check the child's hair when returning to school. Students have 2 days or less of absences for treatment.