



# Elkhart and St. Joseph Counties Head Start Consortium

## Walkerton

### Monthly News and Updates

#### **Class days and time**

Head Start classes will follow the John Glenn School Corporation hybrid schedule. Head Start class time will be 9:30 – 1, the class is divided into two groups, half the class will attend Monday & Tuesday and half will attend on Thursday & Friday.

#### **Absences and Late Arrival**

Call the Walkerton Elementary School (586-3186) and ask for the **Head Start Classroom**. Absences must be reported to the Head Start Teaching Staff. Due to Covid -19 no student will be allowed into class if they are 30 minutes late.

#### **In –Kind Forms**

Please return completed forms every Monday /Thursday

#### **Delays/Cancellations**

When John Glenn School Corporation has a two hour delay the Head Start Class is cancelled.

#### **Important Dates**

September 28 – No School

### Parent Engagement

Meetings will be held virtually. Tracie Worden, the Walkerton FACS will be contacting parents with more information.

### Social/Emotional Tips

Allowing and encouraging children to express their feelings-both positive and negative, can support their emotional development. Preschoolers have the capacity to label and discuss their emotions –they just need a safe and open environment to do so!

Let children know that their thoughts, feelings and efforts matter.

Help your child use words to describe feelings.

Acknowledge difficult feelings and give children strategies to respond to them.

Encourage your child to practice thinking how others feel.

### Nursery Rhyme/Song

(sung to the tune of “the Farmer in the Dell)

I always buckle up

I always buckle up

Whenever riding in the car

I always buckle up

My ( \_\_\_)\* buckles up

My ( \_\_\_)\* buckles up

Whenever riding in the car

My ( \_\_\_)\* buckles up

\*add Daddy, Mommy, Sissy, Bubby

### Monthly Nutritional Activities

Germs All Around You

Talk to the children about the importance of washing their hands

Goal – to have the children understand what is needed to properly wash hands

Keep Germs Away

Talk to the children about how germs spread. Germs can spread on door handles, tables and toys etc.

Goal- to have the children learn how germs spread so quickly

### Book List

David Goes to School by David Shannon

Pete the Cat: Rocking in My School Shoes by Eric Litwin

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