



Elkhart and St. Joseph Counties Head Start Consortium

Early Head Start Classroom: Lafayette Room #6

Monthly News and Updates

We would like to extend a big *Thank You* to each parent for graciously welcoming us during your child's home visit. We so enjoyed meeting your children and having time to discuss with you the important topic of your child's development.

As the year begins with a virtual platform, we will focus on getting to know your child's strengths, needs, and interests. We will also teach some routines that will continue when the physical classroom opens and teach ways to stay healthy and safe.

If you will not be able to attend the daily ZOOM meeting, please call our classroom at 574-393-5868 or send an Email to Ms. Angie at: alangenbrunner@headstartesj.com

Please let us know if there is anything we can do to help improve your child's Head Start experience.

Thank you,
Ms. Angie
Ms. Laura

This institution is an equal opportunity provider and employer.

Parent Engagement

- Individualized ZOOM learning classes with Ms. Angie & Ms. Laura, will be held each day (Monday through Friday) for each child.
- Additional learning activities for parents to complete with their children, will be sent through COR Advantage.

Social/Emotional Tips

Parents can use the Emotion Wheel (found in the supply bag) to help their child identify various emotions. It is important for children to put a name to what they might be feeling and to also be aware that it is okay to experience all of the emotions depicted on this visual aid.

Nursery Rhyme/Song

Twinkle, Twinkle, Little Star



Twinkle, twinkle, little star.
(raise hands & wiggle fingers together)

What a wonderful child you are!
With bright eyes and nice round cheeks.

(point to eyes then touch cheeks, head and feet)

A talented person from head to feet.

Twinkle, twinkle, little star.
What a wonderful child you are!

Monthly Nutritional Activities

This month's health and nutritional activities will include the following:

- ❖ Exercise Party
- ❖ Keep Germs Away
- ❖ Apples
- ❖ Move like an Animal
- ❖ Cover Your Sneeze Please



Book List

"The Adventures of Beekle the Unimaginary Friend"

By Dan Santat