



Elkhart and St. Joseph Counties head Start

Consortium

Early Head Start Classroom: Ms. Lydia & Ms. Rucker Room 27

MONTHLY NEWS AND UPDATES

- September 7th is Labor Day "No School"
- September 22nd is the "First Day of Fall"

This new school year has had a fantastic start, thank you for readjusting your schedules. Each day friends participate in different parts of the day helping them to learn transitioning. During small group we all sit and learn together by using paint brushes to express our inner selves. We write and draw with crayons or colored pencils which assist in the learning of how to hold them correctly. We are learning toileting and table manners as well. Ms. Lydia and I (Ms. Rucker) are enjoying learning the needs of our friends and are intentional teachers. Our friends are displaying the differences that coming to school make, thank you again

PARENT ENGAGEMENT

Please be sure to check your child's mailbox for any homework packets/classroom information.

We encourage you to assist at home with toilet training, putting clothes/shoes on and off.

Always read to our friends!

SOCIAL/EMOTIONAL TIPS

Social and emotional learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

NURSERY RHYME/SONG

Jack And Jill

Jack and Jill went up the hill
to fetch a pail of water.
Jack fell down and broke his crown,
And Jill came tumbling after.

Then up got Jack and said to Jill,
as in his arms he took her,
"Brush off that dirt for you're not
hurt,
let's fetch the pail of water."

So Jack and Jill went up the hill
to fetch the pail of water,
and took it home to Mother dear,
who thanked her son and daughter

MONTHLY NUTRITIONAL ACTIVITIES

Positive Eating Environment Tool

Use this interactive tool to learn about practices programs can use to create a positive eating environment. Find out how to build an eating environment that supports children's healthy growth and development.

BOOK LIST

Ten Little Monkeys by Tina Freeman