

Elkhart and St. Joseph Counties Head Start Consortium



Sept. Beck 119

Monthly News and Updates

The children have been getting to know one another and have adjusted very well to the school routine. We are so proud that most of the children are wearing their masks without redirection. This is a challenging time for everyone.

Virtual learning is new to the Teachers, Parents and students. But with persistence and patience we can do it successfully together. If you were unable to join our virtual meeting, we did record it so you can watch it with your child. If you do the virtual Lessons please remember to fill out a Volunteer Inkind form and send it in your child's backpack so we can count them as Present for that day.

Please keep us up to date with any email changes to insure that you are receiving the Zoom link to join in the Virtual Lesson. We will be doing Virtual Lessons every Friday and will send a reminder of your scheduled time on Wednesdays.

We had so much fun doing the MASK Up Lesson with Safety Sam and look forward to doing future lessons.

Parent Engagement

Virtual Meeting with your child's Teachers on Fridays

(Center Based students)

Eat Better For Less Purdue University

Extension Nutrition Education Program

Free Virtual Nutrition Lessons

Social/Emotional Tips

Please make sure your child gets adequate rest. Children need 10-12 hours of sleep a night in order to do their best.

Provide a routine for your child. Children do well with a consistent routine. Set limits and give your child limited choices.

Book/Nursery Rhyme/Song

August we read the books :

Wearing a Mask

Sharing

Making Room

I Can Keep The Germs Away

Sept. Books:

Jessies Apples

Cliffords Apple Picking Day

Pete The Cat

Sophie Gets Angry

Weekly Nutritional Activities

We Grow wk of Aug 31st-Sept 7th

(Teachers will be doing your child's hgt and wgt in the classroom)

Germs All Around You –Wk of Sept.14th.

Keep Germs Away – Wk of Sept. 21st.

Apples- Wk of Sept. 28th.

Reminders:

Encourage your child to wear their mask and wash their hands frequently. You and your child can watch the video of Ms Rachel, Ms Marisa and Safety Sam's Lesson on Mask Up! You can access the video through your email.

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