



Elkhart and St. Joseph Counties Head Start Consortium

September 2020

Ms. Lisa

YORK

Head Start Classroom: Room #113

Monthly News and Updates

This Month:

September 2nd – Picture Day

September 7th – Labor Day –
No School

Looking Ahead to October –

October 23rd and 24th – Fall Break
No School



The beginning of the school year can be overwhelming to the children (and the families and staff too). There are changes in routines, new foods, new people and new things to learn about. We take time each day to talk with the children and let them know what is happening and what will be happening and how it will affect us at school. This helps the child to prepare for change by asking questions to better understand the change.

If at any time you feel your child might need extra assistance, please feel free to contact Ms. Lisa or Ms. Kylr in the classroom at (574) 822-5306.

This institution is an equal opportunity provider and employer

Parent Engagement

April Dunn is our new Family and Community Specialist (FACS) for York Elementary. If you haven't created your Family Partnership Agreement for the 2020-2021 school year, she will be in touch with you soon to set up and create a plan to achieve your goal. She can be reached at (574) 206-6695.

Social/Emotional Tips

Taking the time to concentrate on breathing deep and relaxing when under stress is beneficial to everyone. We have been learning and practicing different breathing techniques in the classroom. Please ask your child to teach you S.T.A.R breathing and Balloon breathing.

Nursery Rhyme/Song

Five Little Hot Dogs

Five Little Hot Dogs,
Frying in a Pan.

The grease got hot and
one went BAM!

Four Little Hot Dogs,
Frying in a Pan.

The grease got hot and
one went BAM!

Three Little Hot Dogs,
Frying in a Pan.

The grease got hot and
one went BAM!

(Continue until there are
no hot dogs left)

...and the pan went BAM!

Monthly Nutritional Activities

This month we will be learning all about germs. We will be focusing on the importance of washing our hands correctly when we learn about the germs all around us. We will also be how germs spread to us from the things around us.

We will be finishing up the month by learning about our favorite red, crunchy fruit, the apple.



Book List

Good Morning Yoga a Pose by Pose Wake Up Story by Mariam Gates

Don't Let the Pigeon Drive the Bus by Mo Willems