



Elkhart and St. Joseph Counties Head Start Consortium

Teacher: Lillian Nascimento and TA: Amy Lloyd

Head Start Classroom: Model

November News

Hello, everyone!

I hope this is a season where we can find many reasons to be thankful for in spite of the challenging year we've had so far.

I want to say thank you to all of you for showing up at your Zoom meeting for Parent/Teacher conference and for your flexibility at this time. Thank you also for the In-kind forms you have sent back.

As the winter months approach and it gets colder, I ask that you would consider getting snow pants and boots for your child. We go outside even in the snow, and sometimes it is not so comfortable if not properly dressed for the season. Children enjoy playing outside and exploring the snow and it is part of our curriculum to play outside.

I hope you all stay safe and well!



This institution is an equal opportunity provider and employer

Parent Engagement

Nov. 6 – NORMAL SCHOOL
Nov. 25,26,27 Thanksgiving Break

Virtual Parent Meeting: "How to Avoid Passing Anxiety onto Your Kids," presented by Dr. Phil

Wednesday, November 11 at 6:30 pm

You will receive a Zoom Meeting invitation in your email from Kathryn McKinnell (Ms. Katie). All parents are highly encouraged to attend! You will get volunteer in-kind hours for participating and be entered to win a gift basket.

Questions? Ask Katie! Call/Text: (574) 304-6678

Email: kmckinnell@headstartesj.com

Social/Emotional Tips

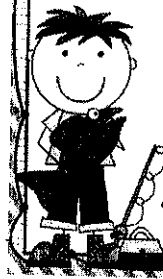
Sing with your child! Children love singing together with the people they love.

Nursery Rhyme/Song

One, Two, Three, Four, Five

One, two, three, four, five,
Once I caught a fish alive.
Six, seven, eight, nine, ten,
Then I let it go again.

Why did you let it go?
Because it bit my finger so.
Which finger did it bite?
This little finger on my right.



Monthly Nutritional

My bones

We are made up of 208 bones. Strong bones are necessary to support our bodies. How to develop strong bones? Eating dairy products and exercising daily!

Book of the month

Gracias, the Thanksgiving Turkey, by Joy Cowley