



NOVEMBER 2020

Head Start Classroom: Bristol Room # C 38.

Monthly News and Updates

Its November already! Time for major changes in the weather and being Thankful for all that we have! This year has certainly been like no other but here we are doing the best we can every day! In the classroom and virtually we will be learning about family and being thankful. It is important to our well being that we are thankful for all that we have even though there is some stress in just getting through each day. Please remember your children feel your stress and react to it.

With the changes in the weather, please be mindful of the clothing your child wears to school. Unless it is raining or too cold, we go outside every day. Please send your child with an appropriate coat (that buttons or zips) and warm clothes. An extra set of clothes is helpful to keep in their cubbies for accidents whatever their nature. However, we only need ONE set of extra clothes. Our cubbies are not big enough for more than that.

Any questions or concerns, please call us:

(574) 295-4998

This institution is an equal opportunity provider

Parent Engagement

For now all of our parent contact will be virtual or on the phone. We cannot meet personally due to the uptick in Covid cases. Our parent teacher conferences were virtual and a huge success! Thanks for all the participation!

Social/Emotional Tips

We are still working on breathing techniques and Conscious Discipline. We have now learned the fourth calming technique called the Balloon. It seems to be a favorite in here. Ask your child to demonstrate!

Nursery Rhyme/Song

We are learning "10 Little Pumpkins" currently (to the tune of 10 Little Indians). Also we are learning " 5 Little Turkeys" and " The Turkey Dance" as well as the " Turkey Hokey Pokey"

Monthly Nutritional Activities

Our Lessons for November

- My Bones
- Fruit Crown
- Stretching
- Apricots

We will also taste test Pumpkin Pie. We will serve individual mini pies so there is no contact. Traditionally about half actually like it!

Book List

- There was an Old lady who Swallowed a Turkey
- Five Flying Turkeys
- Give Thanks Every Day