



Elkhart and St. Joseph Counties Head Start Consortium

Ms. Melissa and Mrs. Rocio/Concord West Side 2

November 2020 Newsletter

Monthly News and Updates

Your children have been hard at work learning throughout this past month! We have worked on language and literacy skills by writing our names in shaving cream, talking about what the characters are doing in the story, going on letter hunts and learning new vocabulary words when talking about pumpkins and spiders. We have worked on our science skills by exploring the insides of the pumpkin, mixing ingredients to create a volcano, and learning all about spiders while observing real spiders in jars. For math we have continued to work on shapes by creating shape robots, counting by putting the number of spiders needed onto the web, and measuring items throughout worktime in the blocks area.

It is really important that you are continuing to do health checks before sending your child to school. If your child is coughing repeatedly or has a bad sounding cough, a headache, runny nose, body aches, nausea, diarrhea, fever, or has had to take any medication to relieve their symptoms, they should NOT be coming to school.

We will continue to go outside for as long as we can. Please make sure your child is dressed appropriately for the weather.

Thanksgiving break will be from November 25-27.

If you have any questions please call Ms. Melissa or Mrs. Rocio and we will do our best to answer them.

This institution is an equal opportunity provider and employer

Parent Engagement

The next parent meeting is "How to avoid passing anxiety on to your kids" by Head Start's Dr. Phil. This meeting will take place virtually at 6:30 on November 11 (English session) and November 18 (Spanish session).

Social/Emotional Tips

Encourage your child to work on the breathing techniques that have learned in the classroom. We have worked on taking deep breaths by smelling the flowers and blowing out the candles, balloon breathing, and pretzel breathing.

Nursery

Rhyme/Song

5 turkeys were getting quite nervous,

Thanksgiving Day soon would be back, so one turkey put on his duck suit and now he sings "Gobble Quack Quack".

Continue counting down 4, 3, 2, 1 and 0 turkeys.

Monthly Nutritional Activities

See the attached handout for information about cucumbers.

Booklist

Duck for President
Pete The Cat the First Thanksgiving
10 Fat Turkeys