Building for the Future with CACFP

This day care receives support from the Child and Adult Care Food Program to serve healthy meals to your children.

Meals served here must meet USDA’s nutrition standards.

**Good nutrition today means a stronger tomorrow!**

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Meals--CACFP homes and centers follow meal requirements established by USDA.

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| --- | --- | --- |
| Breakfast | Lunch or Supper | Snacks(Two of the FIVE) |
| Fluid MilkFruit or VegetableGrains or BreadMeat/Meat Alternate | Fluid MilkMeat or meat alternateGrains or breadVegetableFruit | MilkMeat or meat alternateGrains or breadFruitVegetable |

**Participating Facilities**--Many different homes and centers operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:

* Child Care Centers: Licensed or approved public or private nonprofit child care

Centers, Head Start programs, and some for-profit centers.

* Family Child Care Homes: Licensed or approved private homes.
* After School Care Programs: Centers in low-income areas provide free snacks to

School-age children and youth.

* Emergency Shelters: Programs providing meals to homeless children.

**Eligibility**--State agencies reimburse facilities that offer non-residential day care to the following children:

* Children age 12 and under,
* Migrant children age 15 and younger, and
* Youths through 18 in after school care programs in needy areas.

**Contact Information**--If you have questions about CACFP, please contact one of the following:

 Sponsoring Organization/Center Indiana Department of Education

CACFP Staff

School & Community Nutrition

Indiana Government Center North, 9th floor

100 N Senate Ave

Indianapolis IN 46204

800-537-1142 or 317-232-0850

Elkhart & St. Joseph Counties Head Start Consortium

245 N. Lombardy Drive

South Bend, IN 46619

574-393-5864