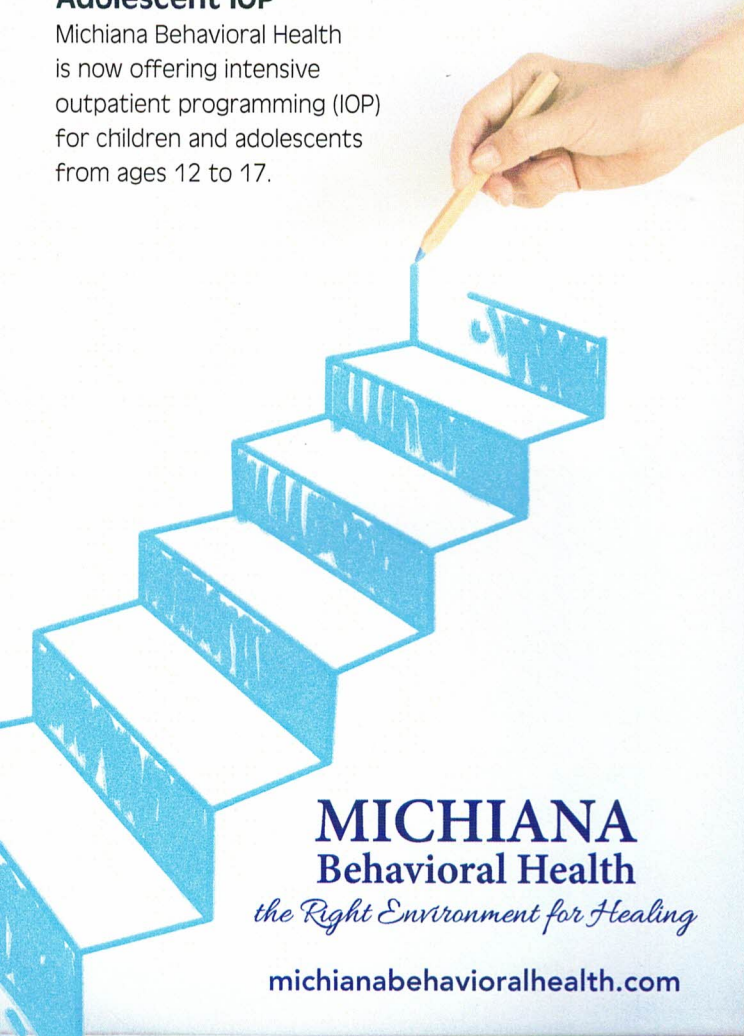


Do you know what your Next Step will be?

Adolescent IOP

Michiana Behavioral Health
is now offering intensive
outpatient programming (IOP)
for children and adolescents
from ages 12 to 17.



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Behavioral Health

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michianabehavioralhealth.com

Our program uses Dialectical Behavior Therapy (DBT) to help clients develop skills such as emotion regulation, distress tolerance, mindfulness, social skills and effective communication.

Our therapists are available 24 hours a day, seven days a week to help determine which program is best for your child or teen. Call 800-795-6252 any time to discuss the admissions process or to set up a confidential assessment.

Take the Next Step
Ask any staff member about
the Next Step for your
treatment today.



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1800 N. Oak Drive / Plymouth, IN 46563

800-795-6252

Physicians are on the medical staff of Michiana Behavioral Health, but, with limited exceptions, are independent practitioners who are not employees or agents of Michiana Behavioral Health. The facility shall not be liable for actions or treatments provided by physicians. For language assistance, disability accommodations and the non-discrimination notice, visit our website. 211446-2336 8/21