

NUTRITION PROGRAM

(574) 284-2644

Provides low-cost nutritious meals with recreational activities and informational programs in centers located in Elkhart, Kosciusko, La Porte, Marshall, and St. Joseph counties; promotes better health among older adults through improved nutrition and the pleasure derived from group participation.

SENIOR FARMERS MARKET

Assists low-income persons, age 60+, to purchase fresh fruits and vegetables at our Local Farmer's Markets from July through October each year.

SENIOR SOLUTIONS

(574) 284-7107

Private geriatric care management services for a modest fee. Expert consultation provides options for in-home care and senior living.

SIMPLY CATERING TO YOU

(574) 284-2025

Specializes in convenience, sophistication and style from traditional favorites to culinary classics. Utilizes finest and freshest ingredients.

TEAM HEAT

(574) 284-2060

Assists eligible families by paying a matching \$75.00 on their heating bill and provides counseling and self-sufficiency classes from November 1 through March 31.

THE REAL GRILLE

(574) 284-2025

A food truck specializing in company parties, food truck festivals, sporting events, celebrations, etc. Proceeds support the REAL Services' Meals-on-Wheels program.

TRANSPORTATION

(574) 284-7164

Provides transportation services for older adults to doctors, grocery stores, banks, and other necessary appointments.

VOLUNTEER SERVICES

(574) 284-7138

Volunteers are vital and work directly with the elderly and/or disabled, and/or assist with administrative functions. Volunteer training is provided.

About Us

These services are funded in part by CHOICE, Social Services Block Grant; Older American's Act; U.S. Department of Agriculture; Older Hoosier's Act; Voluntary Contributions; Community Development Block Grant Funds; Low Income Energy Assistance Block Grant; U.S. Department of Energy; Corporation for National Service; Community Services Block Grant; St. Joseph County Government; and designated Estates, Trusts and Gifts.

Your generous contribution will enable us to keep fighting for the health, education, and financial stability of those in our community.



REAL Services

1151 S. Michigan St.
South Bend, IN
46601

(574) 284-2644

www.REALservices.org

The ultimate objective of REAL Services is to assist in establishing a community in which those we serve can maintain their independence to the maximum degree possible and find meaning and satisfaction throughout their lives.

REAL Services, believing in the dignity of all people, will provide services without regard to race, age, color, religion, sex, disability, national origin, ancestry, or status as a veteran.



Get To Know REAL



***We fight for the independence,
dignity, and strength of our
community.***

Component Programs

ADULT GUARDIANSHIP SERVICES AND GUARDIAN PARTNER

(574) 284-2649
Provides legal guardianship for persons 60+ who are mentally incapacitated, live in Elkhart, Kosciusko, St. Joseph or Marshall counties, and have no family or friends who are able to serve as their health and financial representative. Guardian Partner works in a similar capacity with trust officers and attorneys in a private pay environment.

AGING & DISABILITY RESOURCE CENTER (ADRC)

(574) 284-7136
Provides community resources and long-term care options. This free service focuses on the needs of: older adults, individuals living with a disability, and caregivers.

ALZHEIMER'S & DEMENTIA SERVICES OF NORTHERN INDIANA

(574) 232-4121
Provides families with support, information, education, and referral services in the communities where they live and work. Educates the public and health care professionals about Alzheimer's disease and related dementia.

AGENCY ON AGING (AAA)

(574) 284-2644
Indiana has designated REAL Services as the AAA for implementation of the Older American's Act and related programs in Elkhart, Kosciusko, LaPorte, and Marshall, and St. Joseph counties. The AAA plans and implements programs to meet the needs of elders.

COMMUNITY SERVICES BLOCK GRANT

(574) 284-7130
Indiana has designated REAL Services as the Community Action Agency which makes it possible to provide a range of services that have an impact on causes of poverty. The elimination of the causes of poverty, not the symptoms, is the goal of this grant. The agency serves St. Joseph, Elkhart, Kosciusko, Fulton, and Marshall counties.

HOME WEATHERIZATION

(574) 284-7113
Helps households that have received Energy Assistance reduce fuel costs and maintain the health and safety of their home by providing weatherization measures, at no cost to those served.

CARE MANAGEMENT

(574) 284-7136
Authorizes and coordinates in-home services to meet the care needs of individuals and caregivers under state and federal programs. This person-centered and accredited program serves Elkhart, Kosciusko, LaPorte, Marshall and St. Joseph Counties.

INDIVIDUAL DEVELOPMENT ACCOUNT (IDA)

(574) 284-2060
A matched-savings program that helps income-eligible participants save money to buy a home, home improvements, pursue higher education, or capitalize a small business, while encouraging regular savings patterns; also provides financial literacy and asset-specific education.

INSTITUTE FOR EXCELLENCE IN MEMORY CARE (IEMC)

(574) 318-4635
Provides professional dementia care consultation for healthcare directors and certification training for healthcare professionals who want to offer superior memory care and create a true person-centered care model.

MEALS ON WHEELS

(574) 256-1649
Provides nutritious noon and evening meals, weekends available, to homebound persons who can no longer prepare adequate meals for themselves. Meals are delivered by dedicated volunteers.

NURSING HOME OMBUDSMAN

(574) 284-2644
Provides a trained individual to advocate for quality care of nursing home residents; provides training to nursing home staff and counseling to families of residents regarding family member's rights; attempts to facilitate resolution of residents' concerns.

DEMENTIA FRIENDS

(574) 232-4121
Provides education and awareness of dementia to reduce the stigma associated with the disease and creates community environments that are welcoming and conducive for those living with dementia.

ENERGY ASSISTANCE PROGRAM (EAP)

(574) 232-6501
Helps income eligible households with their heating expenses during the winter months; serves Elkhart, Fulton, Kosciusko, Marshall and St. Joseph Counties. Households do NOT have to have a disconnect notice to receive assistance.

FAMILY CAREGIVER PROGRAM

(574) 284-2644
Provides individualized assistance, respite care, information, and resources to help you care for older family members. Caregiving training opportunities are scheduled regularly.

FAMILY DEVELOPMENT PROGRAMS

(574) 284-2060
Assists low-income families with individualized support and services that enable families to achieve financial self-sufficiency.

FOSTER GRANDPARENT PROGRAM

(574) 284-7102
Provides an opportunity for low-income persons, aged 55+, to give 1 to 1 support to at-risk, special and exceptional needs children.

HEALTH EDUCATION

(574) 233-8205
Healthy living practices, fall prevention, nutrition education and fitness are just a few of the topics presented in communities throughout our area.