



Are you pregnant or do you have a new baby?

Women's Care Center

South Bend Address: 360 N. Notre Dame Ave.
Mishawaka Address: 607 Lincolnway West
Phone: (574) 234-0363
Website: www.womenscarecenter.com
Free pregnancy testing, ultrasounds, prenatal programs, parenting classes

Christ Child Society*

Address: 308 S. Scott St., South Bend
Phone: (574) 288-6028
Website: www.christchilds.org/
*Be sure to ask for a layette with clothing and supplies before you leave the hospital with your new baby
*Call for a list of referral sources to be eligible for toddlers' and children's clothing

Women, Infants, and Children (WIC)*

South Bend Address: 325 N. Lafayette Blvd.
Phone: (574) 647-2100
Mishawaka Address: 201 Lincolnway West
Phone: (574) 647-2175
Information: <https://secure.in.gov/isdh/19691.htm>
*Nutrition education and supplemental healthy food for pregnant women and women with young babies, and for babies and children to age 5

La Leche League

Phone: (574) 334-7624
Website: llofsouthbend.blogspot.com/
Mothers helping mothers on topics relating to breastfeeding

Hannah's House

Address: 518 W. Fourth St., Mishawaka
Phone: (574) 254-5309
Website: maternityhomewithaheart.org/
Home and support for single pregnant women

Healthy Families of St. Joseph County*

Address: 315 W. Jefferson Blvd., South Bend
Phone: (574) 287-0541
Website: fccin.org/healthyfamilies.aspx
*Home visiting program that provides education and support to expectant parents and those with children through age 3—sign up before your baby turns 3 months

Youth Service Bureau:

Young Moms' Self-Sufficiency Program

Address: 2222 Lincolnway West, South Bend
Phone: (574) 235-9231
Website: www.ysbsjc.org
Mentoring, support and case management for pregnant and parenting moms ages 16-24.
Programs for young dads and families also available.

Beds and Britches, Etc. (B.A.B.E) Store

South Bend Address: 325 N. Lafayette Blvd.
Phone: (574) 647-2201
Mishawaka Address: 201 Lincoln Way West
Phone: (574) 647-2175
Website: qualityoflife.org/che/babe/
*Call for a list of ways to get coupons for clothing, diapers, baby furniture and other necessities

Memorial Hospital

Address: 615 N. Michigan St., South Bend
Phone: (574) 647-7454
Website: qualityoflife.org/childbirth/
Breastfeeding: qualityoflife.org/childbirth/breastfeedingsupport/

Saint Joseph Mishawaka Medical Center

Address: 5215 Holy Cross Parkway, Mishawaka
Phone: (574) 335-4230
Website: www.sjmed.com/mishawaka-campus-family-birthplace
Breastfeeding: (574) 335-4127

Note: * means income restrictions apply

Women's Support Organizations

St. Margaret's House

Address: 117 N. Lafayette Blvd., South Bend
Phone: (574) 234-7795
Website: www.stmargarethouse.org/
Day center for women and children, offering hospitality, lunch, showers, computer access, parenting classes, empowerment programs and more

YWCA North Central Indiana

Address: 1102 S. Fellows St., South Bend
Phone: (574) 233-9491
Website: www.ywcanin.org
Helping women with domestic violence, substance use, economic empowerment, sexual assault, protective orders and housing

Do you have a child age 0 - 5?

Parenting (Other Caregivers Welcome)

Talk With Your Baby

Address: Robinson Community Learning Center
921 N. Eddy St., South Bend
Phone: (574) 631-6916
Website: www.talkwithyourbaby.org
Free fun sessions on the “whys” and “hows” of child’s development, ages 0-3yrs old with books to take home, coupons, and more

Childcare/Early Childhood Education

Early Childhood Alliance

Phone: (800) 423-1498
Website: www.ecalliance.org/
Help finding high quality childcare

Brightpoint*

Address: 919 E. Jefferson Blvd., Suite 107, South Bend
Phone: (800) 589-2264
Brochure: mybrightpoint.org/wp-content/uploads/2015/09/BP37-General-Brochure-3.0_web.pdf

*Help signing up for childcare vouchers

Head Start*

Address: 245 N. Lombardy Dr., Suite A, South Bend
Phone: (574) 283-8127
Website: www.headstartesj.com/
*Federally funded half-day preschool, birth to age 5

Children with Special Needs

First Steps

Phone: (574) 293-2813
Website: www.indianafirststeps.org/

LOGAN Center

Address: 2505 E. Jefferson Blvd., South Bend
Phone: (574) 289-4831
Website: www.logancenter.org/

South Bend Community School Corporation: SNAP Program

Phone: (574) 283-7600
Website: sped.sbcsc.k12.in.us/snap.html

School City of Mishawaka:

Growing Together Preschool

Address: 1600 E. Third St., Mishawaka
Phone: (574) 254-4500
Website: scm.mishawaka.k12.in.us/adctr/preschool/

Free Things To Do

Read Baby Read Weekly Story Time

Address: Notre Dame Center for Arts and Culture
1045 W. Washington St., South Bend
Phone: (574) 631-3249
Free story times with books to take home

Brain Train

Address: O.C. Carmichael Jr. Youth Center
502 E. Sample St., South Bend
Phone: (574) 287-2671
Website: www.fccin.org/braintrain.aspx
A family-friendly, supportive play environment to promote healthy brain development in children up to age five

St. Joseph County Public Library

Address: 304 S. Main St., South Bend (and other branches)
Phone: (574) 282-4646
Website: www.libraryforlife.org/
Free story times: www.libraryforlife.org/storytimes
Free museum passes, <http://sjcpl.lib.in.us/services>

Mishawaka Public Library

Address: 209 Lincolnway East, Mishawaka (and branches)
Phone: (574) 259-5277
Website: www.mphpl.org/
Free story times

Healthworks Kids' Museum:

Little Noggins' Nook

Address: 111 W. Jefferson Blvd, Suite 200, South Bend
Phone: (574) 647-5437
Website: www.healthworkskids.org
Free passes at Main Library in South Bend, see above

Kidsfirst Children's Museum

at the History Museum

Address: 808 W. Washington St., South Bend
Phone: (574) 235-9664
Website: historymuseumsb.org/see-do/kidsfirst-childrens-museum/
Free passes at Main Library in South Bend, see above

Information on South Bend Parks

Phone: (574) 299-4765
Website: sbpark.org/

Information on Mishawaka Parks

Website: mishawaka.in.gov/parksandrecreation

First Fridays in Downtown South Bend

Website: downtownsouthbend.com/downtown-south-bend-first-fridays

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