



Camp Mariposa is a free, weekend camp for children ages 9-12 who are impacted by the substance use disorder of someone close to them. It is a traditional, fun, camp combined with education and support exercises led by mental health professionals and trained mentors. Camp Mariposa is part of Eluna's national Camp Mariposa program.

## Camp Mariposa is designed to:

- Reduce feelings of isolation, fear, guilt and loneliness
- Provide a safe place for kids
- Bond with their peers
- Educate campers about the disease of addiction and its impact on family
- Teach positive life skills to help feelings and practice self-care

## Camp Mariposa's Mentors...

- Make a one-year commitment to attend at least four camp weekends, as well as activities offered outside of camp
- Create a positive, fun, supportive and trusting atmosphere for campers
- Facilitate camper and cabin group bonding
- Participate in and/or facilitate sharing activities
- Eat all meals and share a cabin with assigned campers

Get involved. Contact Liz O'Connor today.

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