### Elkhart and St Joseph Counties Head Start Consortium



### 2024-2025

### **Parenting Engagement**

#### Be involved with Head Start upcoming events

August 28 -Triple P: Attending School Today, Be Successful Tomorrow. At 6 pm

Credit : 1 hour In-kind Learning importance of attendance for school

September 25- Nutrition Wellness: at 6 pm Credit: 1 hour In-Kind Eat Healthy and Exercise

**September TBA** Parent Engagement – YOU ARE IMPORTANT Credit: 1 Hour In-Kind

October TBA- Budget: – Financial Literacyat 6pmCredit: 1 hour in-kindLearning Important Tips about Financials

October 23 – Love and Logic workshop at 6 pm Credit : 1 hour in-kind Learning tools to communicate with your child

**November 13 – Fatherhood** – 6:00 pm Credit : 1 Hour In Kind, **Father You are my Hero; Let's play and learn together.** 

**December 11 - Healthy and Unhealthy ways to deal with stress** at 6:00 pm

Credit 1 hour In Kind You can do this! Let's learn about managing Life and Stress

January 15- *Triple P: Balancing working and life* at 6pm Credit: 1hour In-Kind, Learn how to work as a team with your family members and manage stress between work and home

**February 5** – *Health Relationships* 6 pm Credit 1 Hour In-Kind Learning tools to manage a Health relationship

#### Fatherhood Conference Time / Date / Location TBA

March 12- Breath Curriculum: Health Education Prevention at 6 pm

Credit 1 Hour In-Kind Health Tips about Tobacco Preventive Use

**April 9 –** *Triple P: Kindergarten Transition* at 6 pm Credit 1 hour In Kind I am Ready for Kindergarten?

This institution is an equal-opportunity provider

# Head Start and Early Head Start

You are your child's first teacher

Head Start would like to partner with you to make this a very successful school year

## Another Headline Here

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