

WIC Eligibility

What is WIC?

WIC is a nutrition program that provides nutrition and health education, breastfeeding support, healthy food, and referrals to other services free of charge to Indiana families who qualify.

Who's eligible?

- Pregnant women;
- Postpartum women (up to six months after delivery);
- Breastfeeding women (up to one year after delivery);
- Infants (babies under the age of one);
- Children under the age of five.

You must live in Indiana and meet income guidelines which are found on the back side of this brochure or at wic.in.gov.

What does WIC provide?

- Nutrition and health screening and assessment
- Nutrition counseling and healthy food
- Breastfeeding education and support
- Health and social service referrals

How does WIC work?

Contact the WIC clinic in your community for a free visit to be enrolled and receive benefits. Clinic information can be found at wic.in.gov under WIC Clinic Locations List. Upon enrollment, your family will be eligible for all of the helpful services that WIC provides.

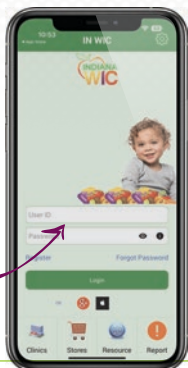
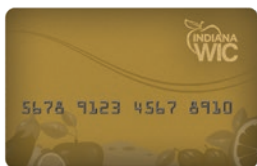
WIC benefits may be used at Indiana WIC approved stores to purchase:

- | | |
|--------------------------|-----------------------|
| • Milk and milk products | • Fruits & Vegetables |
| • Yogurt | • Whole grains |
| • Cheese | • Juice |
| • Tofu | • Eggs |
| • Formula | • Beans |
| • Baby food & cereal | • Peanut Butter |
| • Cereal | • Canned Fish |



Why use the INWIC App?

The INWIC App makes it easier to manage your benefits!



Income eligibility

Families already receiving Medicaid, SNAP, or TANF are income eligible for the WIC program.

Household* size	Annual income, up to \$ (total before deductions)	Monthly income, up to \$ (total before deductions)	Weekly income, up to \$ (total before deductions)
1	\$28,953	\$2,413	\$557
2	\$39,128	\$3,261	\$753
3	\$49,303	\$4,109	\$949
4	\$59,478	\$4,957	\$1,144
5	\$69,653	\$5,805	\$1,340
6	\$79,828	\$6,653	\$1,536
7	\$90,003	\$7,501	\$1,731
8	\$100,178	\$8,349	\$1,927

If you are pregnant, you may count yourself as two (2).

For households with more than 8 members, add \$10,175 annual income for each additional member.

**Household means a group of people (related or not) who are living as one economic unit.*



QUESTIONS?

For more information or to find a clinic near you, email inwic@health.in.gov, call **800-522-0874**, or visit our website at wic.in.gov.



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